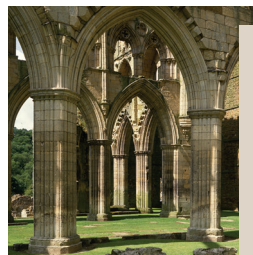# ENGLISH HERITAGE

HELMSLEY CASTLE TO RIEVAULX ABBEY WALK

Follow in the footsteps of medieval monks on a picturesque walk between two unique English Heritage sites. Enjoy seasonal changes to the landscape and treat yourself to a cup of tea and slice of cake in our tearoom at Rievaulx Abbey.

Over eight centuries ago Aelred, Rievaulx Abbey's most famous abbot, wrote 'Everywhere peace, everywhere serenity, and a marvellous freedom from the tumult of the world.' That description of Rievaulx is still true today.

Over the centuries Helmsley Castle has evolved from a mighty medieval fortress to a luxurious Tudor mansion, to a Civil War stronghold and a romantic Victorian ruin. Discover more in our exhibition showing its development over time.

In prehistoric times the busy town of Helmsley was likely to have been a place where people gathered to conduct business and celebrate festivals. Today the town's bustling market square still echoes this early purpose.

1 Beginning at Helmsley Castle, turn left out of the car park and follow the track (sign posted 'Cleveland Way').

2 At the top of the track, go through the kissing gate and turn left down the side of the field. Then turn right, keeping the woodland on your left.

3 Go through the gateway and continue down into the wood.

4 At the edge of the wood, continue straight ahead up the slope.

5 Cross the track, pass to the left of Griff Lodge, and continue ahead.

6 Turn left at the road, initially following a path and then the minor road.

7 Turn right on the Rievaulx road leading you to the abbey.

8 Arrive at Rievaulx Abbey.

FACILITIES

P Parking

Unfortunately the path isn't suitable for wheelchairs or pushchairs.

We welcome dogs at both sites. The walk passes through fields where sheep and horses may be grazing. Please keep your dog under control at all times and always on a short lead when livestock are present.

Pack up a picnic to enjoy while you take in the views, or head to Rievaulx's newly opened tearoom for freshly made cake.

RIEVAULX

RIEVAULX ABBEY

Stiltons Farm

Please be aware that the car park beside Helmsley Castle belongs to the council and a charge applies.

Abbot Hagg Farm

HELMSLEY

Griff Farm

Griff Lodge

Cleveland Way

HELMSLEY CASTLE

The footpath is well-trodden but you'll find an ever-changing landscape of blooming wild flowers and magnificent woodland.

•••• 2.5 miles (4k). Approx 1.5 hours each way.