



ENGLISH HERITAGE  
EDUCATION

KSI-2

## DISCOVERY VISIT GUIDE

### Goodrich Castle

This guide provides teachers with everything they need to know about our expert-led Discovery Visits at Goodrich Castle. Your students will discover who lived here and what life was like in a medieval castle through imaginative role play and an expert-led tour.



GET IN TOUCH WITH OUR EDUCATION BOOKINGS TEAM:

☎ 0370 333 0606

✉ [bookeducation@english-heritage.org.uk](mailto:bookeducation@english-heritage.org.uk)

🌐 [bookings.english-heritage.org.uk/education](https://bookings.english-heritage.org.uk/education)

Share your visit with us on Twitter [@EHEducation](https://twitter.com/EHEducation)

*Step into England's story*

## WELCOME

This guide for Goodrich Castle has been designed to support teachers and group leaders on a Discovery Visit at the site. We know that each class and study group is different, so we have collated all the information into one guide so you can prepare for your upcoming Discovery Visit.

For practical information and activity ideas to help support a free self-led visit, download the Teachers' Kit on our **Schools page**. Here you can also find a ready-made Risk Assessment for your Discovery Visit and general Hazard Information for the place you are visiting.

We hope you enjoy your visit and that you find this Discovery Visit Guide useful. If you have any queries please don't hesitate to get in touch with a member of our team either via [bookeducation@english-heritage.org.uk](mailto:bookeducation@english-heritage.org.uk) or on 0370 333 0606.

English Heritage Learning Team

## ICON KEY

The icons below will help you quickly identify which key stage each Discovery Visit is for.



## SUMMARY

# FEAST! A DAY IN THE LIFE OF A PAGE

KSI-2

### Recommended for

KSI–KS2 (History, Drama)

### Learning objectives

**WHAT:** Develop our awareness of what life was like at Goodrich Castle in the medieval era and compare with the 21st century; learn new words to describe parts of the castle and the types of work carried out there.

**HOW:** Explore key remains around the castle that demonstrate different aspects of daily life; use storytelling, role play and mime to re-imagine the daily life of the people who lived and worked at the castle.

**OUTCOME:** Students will explain what life was like and who lived at the castle; use historical terminology; identify similarities and differences between the 13th century and today.

### Duration

1 hour 30 minutes

### DISCOVERY VISITS AT ENGLISH HERITAGE

Our Discovery Visits are award-winning, hands-on, expert-led, site-based activities, which combine inspiring experiences with quality learning outside the classroom. At just £100 a session at selected sites, these visits are delivered by our experts and have been designed to meet the needs of different groups across the key stages. Led by specialist educators, site staff and volunteers with knowledge and expertise across the curriculum, these visits enable students of all ages and abilities to step into England's story.

### FEAST! A DAY IN THE LIFE OF A PAGE DISCOVERY VISIT

This hands-on guided session around the castle uses imaginative role play to help your students understand who might have lived and worked at Goodrich Castle in the 13th century and to explore the similarities and differences with our lives today.

### PRIOR LEARNING

We recommend you do the following before the Discovery Visit:

- Print out our Top Things to See activity from our Teachers' Kit (on our **Schools page**) to discover more of the castle.
- Practise group freeze frames or dramatic tableaux.

### BEFORE YOUR VISIT

Please divide your class into five groups. The session leader will ask you to help sort the class into these groups at the beginning of the Discovery Visit.



Students on a Discovery Visit at Goodrich Castle.