WELL DONE!

Congratulations on completing the trail.

We hope you enjoyed exploring Framlingham Castle.

WHAT NEXT?

Back at school, you could:

• Write a letter to English Heritage about your visit to Framlingham Castle
• Create a piece of art or write a poem inspired by your trip
• Film a short documentary or create a comic strip about Framlingham Castle
• Share photos of your visit with us on Twitter @EHEducation

NAME: 
CLASS: 
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ACTIVITY TRAIL 
DISCOVER FRAMLINGHAM CASTLE 
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Framlingham Castle was built about 1000 years ago by Roger Bigod I. The Bigods were earls of Norfolk and Suffolk – super-rich, powerful and RUTHLESS! Sometimes they supported the king and sometimes they turned against him. Treachery!

This map shows the castles in Norfolk and Suffolk in 1154, when Henry II became king.

Look at the map to count:
How many did King Henry own? ........
How many did the Bigods own? ........

DID YOU KNOW?
Henry II built Orford Castle nearby in the 1160s, to keep an eye on the Bigods.

When would you have liked to live at Framlingham Castle, and why? Write your reason below your choice.

- In the Middle Ages fighting for the Bigods.
- In Tudor times supporting Mary to become queen.
- Today, helping English Heritage look after the castle.

DID YOU KNOW?
Poaching in the Great Park was strictly forbidden. If you were caught you could be put in prison, fined or even hanged!

This illustration of medieval hunting was made between 1387-1391. © Bibliothèque Nationale, Paris

And finally....
Mary Tudor inherited Framlingham in 1552. Framlingham Castle was used as a prison from 1553.

Mary Tudor was declared queen in 1553. Framlingham became a home for local poor people in 1664.

This is a plan of Framlingham Castle. The castle was very well defended.

List three things you can find on the plan that would help to protect people inside the castle from an enemy attack.

Mary wins! The duke and his troops are outnumbered and surrender.

DID YOU KNOW?
Mary Tudor rode to London to be crowned queen. There she signed Lady Jane Grey’s death warrant. Jane was queen for just nine days before she was beheaded at the Tower of London.

DID YOU KNOW? (Cont.)
Mary discovered that the powerful Duke of Northumberland was planning to capture her. Mary fled to Framlingham, her strongest castle. Local people, who were mostly Catholics, gathered to support her.

Pretend you are Mary Tudor. Write a speech to inspire your troops to fight for you.

When Edward VI died in 1553, he wanted Lady Jane Grey to rule next, because she was a Protestant like him. But Henry VIII’s eldest daughter Mary Tudor, who was a Catholic, said she should be queen.
AT THE CASTLE

**ACTIVITY 1 - GATEHOUSE**

Find the gatehouse. The first stone gatehouse was built more than 800 years ago by the Bigods. It was protected by a drawbridge and a portcullis (a gate that could be raised and lowered from above).

*The gatehouse at Framlingham Castle, with the Howard family coat-of-arms above it.*

**ACTIVITY 5 - BRIDGE AND CHIMNEYS**

In Tudor times, Framlingham Castle was altered to make it more comfortable. Find the remains of a bridge which would have led from the castle into what used to be a garden with perhaps fountains, herbs, fruit trees and flowers.

**THE HOWARDS**

The gatehouse you see today was altered in Tudor times by the Howard family. **Find and circle** the Howards on the timeline on pages 1 and 2.

Thomas Howard II was a cunning politician. He made sure his two nieces, Anne Boleyn and Catherine Howard, caught Henry VIII’s attention. Anne and Catherine became Henry’s second and fifth wives. But Henry had them both beheaded!

**MARY TUDOR**

Look at the timeline on pages 1 and 2. **When did Mary Tudor inherit Framlingham?**

A Thomas Howard walked around his garden to help him feel calm and rested. **List two things you like to do to relax:**

B Some parts of the castle were rebuilt in expensive and fashionable brick, including the chimneys.

*Imagine* the craftsmen are halfway through building these chimneys. Can you **complete** the chimney patterns for them?

C Get your group leader to find this activity location on their map.
ACTIVITY 4 – VIEW FROM THE WALL

When Roger Bigod I built the first castle at Framlingham he chose the highest ground for miles around.

A Up on the wall walk, at what distance could Roger Bigod see his enemies?

Tick one of the three answers below:

From the woods about 4 miles away. ☐
From Orford Castle about 12 miles away. ☐
From Norwich Castle about 40 miles away. ☐

B Look over the wall and draw the mere (lake) in the space above. The mere made the castle harder to attack from this side.

C Look for the Howard coat-of-arms above the gatehouse. Join up the dots to show the beasts that support the shield.

D How might you feel after spotting the Howard family’s coat-of-arms above the gatehouse?

DID YOU KNOW?

Coats-of-arms were very important in Tudor times. They were designed to show that you were rich and powerful - especially if you had royal relations!

Thomas Howard II’s son, Henry, altered his coat-of-arms to include a cross, Edward the Confessor’s special sign. By using this sign, Henry Howard claimed he was part of the royal family, so Henry VIII had him executed!
Look at the thick stone walls around you. Imagine enemies are approaching. Does the curtain wall make you feel protected or trapped?

How did the castle servants fill buckets from the well?

- With a pump?  
- Using a windlass?  
- Climbing down to the bottom?

Roger Bigod II strengthened the defences of the castle with a stone curtain wall and a walkway around the top.

Look at the thick stone walls around you. Imagine enemies are approaching. Does the curtain wall make you feel protected or trapped?

Look up and around you to spot these things:

- How many towers are there?
- Crenellations to protect soldiers from enemy arrows.
- Narrow slits to aim arrows through (arrow loops).

Right! This is what we are going to do:

- Pretend you’re in charge of defending the castle from King John. You have 26 knights, 20 soldiers, 7 crossbowmen, 1 priest and 3 servants. Write your instructions below.

DID YOU KNOW?

Roger’s men were armed with longbows and crossbows. Longbows shot further but crossbows were more accurate. Crossbowmen were paid more than longbowmen.